



The #1 Cause for Poor Behavior

Strategies to Help Children Become Regulated

Saturday, April 29 • 10am • Community Room

Sunny Blossom Therapy presents a parenting workshop that dives into explaining why children struggle to manage their feelings, have frequent meltdowns, outbursts, or are simply defiant. Learn what is happening internally in your child's mind and body when they have intense feelings and how to better guide and support your child using Sensory Play so they become calm, focused, and emotionally regulated.

Katherine Solimine is a certified Pediatric Occupational Therapist and has over 7 years of experience working with hundreds of children from all developmental backgrounds including Autism, ADHD, Down Syndrome, and neuro-typical children with various behavioral challenges.

La Jolla/Riford Library

7555 Draper Ave., La Jolla, CA 92037 • 858-552-1657

